

Catch up on the latest DCRI Site Community news.

## DCRI SITE COMMUNITY

Collaborating to Improve Care

 Duke Clinical Research Institute

### March 2017

We hope you enjoy these brief updates. This month we are excited to share:

- New Study Recruiting Sites
- Two new Evidence to Practice Podcasts Available
- Recent Research Conferences

Visit the [DCRI Community website](#) at any time to see upcoming training opportunities, publications and news, studies seeking sites, and more!

Visit our website

## Study Recruiting Sites

See More Studies  
Recruiting Sites

### LAP01: Long-term Antipsychotic Pediatric Safety Trial

Prospective, multi-site, observational study to collect robust longitudinal post-marketing safety data from multi-year pediatric treatment with risperidone or aripiprazole. In person visits will occur every three months for a 36 month study period. Web, phone, or mail-based assessment visits will occur at 3 month time points between their-person visits.

**ClinicalTrials.gov identifier:** Pending

**Sponsor:** NICHD

**Recruiting:** Sites

**Contact for Information:**

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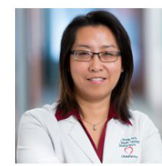
## Evidence to Practice Podcast Series: Transitions of Care

Listen to the  
Podcasts

### Improving Medication Adherence after Acute Myocardial Infarction

As early as three months after acute MI, only about two thirds of patients are still following their medication

regimen. One year later, only 50 percent are. These statistics cited by [Tracy Wang, MD](#), in the fifth Transitions of Care Evidence-to-Practice podcast, underscore the ongoing need to improve medication adherence in coronary heart disease patients.



Tracy Wang, MD, MHS, MSc  
Associate Professor of  
Medicine, Duke University  
School of Medicine, Faculty  
Director, DCRI Education



Jeffrey Washam, PharmD  
Clinical Pharmacist  
Duke Heart Center

Jeffrey Washam, Pharm D, walks through a review of studies published in the [European Journal of Preventive Cardiology](#), concluding that an array of interventions can improve medication adherence by 50 percent in patients with coronary artery disease or post MI. Drs Wang and Washam also outline Duke Health therapy, education, and patient follow-up approaches that are designed to maximize short- and long-term medication adherence.

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## The Multiple Benefits of Cardiac Rehab after Myocardial infarction

Studies have demonstrated that cardiac rehabilitation programs can reduce cardiovascular mortality by at least 25 percent, decrease hospital readmission, and improve depression scores, general cardiovascular health, and exercise routines. Nevertheless, only 10 to 20 percent of eligible post-MI patients participate in a structured rehab program in the United States and the United Kingdom, primarily because of low referral rates. [Ann Marie Navar, MD, PhD](#), and [Neha J. Pagidipati, MD, MPH](#), review the types of patients who should participate in cardiac rehab programs, yet too often are not referred. The presenters describe cardiac rehab candidates who should undergo stress tests, disease management and other non-exercise program benefits, as well as the post-rehab exercise regimen.



Ann Marie Navar, MD, PhD  
Assistant Professor of Medicine  
Duke University School of  
Medicine



Neha J. Pagidipati, MD, MPH  
Cardiology Fellow  
Duke University School of  
Medicine

Listen Now

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## Recent Research Conferences

[View DCRI Research Conference Archive](#)

March 28, 2017: Ivan Oransky, MD [Retractions, Post-Publication Peer Review and Fraud: Scientific Publishing's Wild West](#)

March 21, 2017: Ann Marie Navar, MD PhD [Using Cardiovascular Disease Risk to Guide Blood Pressure and Cholesterol Treatment](#)

March 7, 2017: Roxana Mehran, MD, FACC [DAPT and TRIPLE Therapy: Update on the latest evidence for patients with CAD undergoing PCI](#)

February 28, 2017: Ying Xian, MD, PhD, Emily O'Brien, PhD [From Engagement to Long-Term Commitment: Partnering with Patients beyond the Honeymoon Period](#)

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Join our weekly Research Conference most Tuesdays from noon -1:00 pm Eastern time. Watch live on our [YouTube channel](#) or learn more at <https://dcri.org/education-training/dcric-research-conference>.

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